

## Table of Contents

VA – Whites Ferry to Bles Park (7.9 Miles).....	2
VA – Bles Park to Seneca (8.8 Miles).....	4
VA – Seneca to Difficult Run (11.0 Miles).....	6
VA – Difficult Run to Fort Marcy (7.4 Miles).....	9
VA – Fort Marcy to Gravelly Point (7.5 Miles).....	11
VA – Gravelly Point to Belle Haven (7.0 Miles).....	13
VA – Belle Haven to Grist Mill Park (9.8 Miles).....	15
VA – Richmond Hwy to Belmont Bay (Coming Soon).....	17
VA – Belmont Bay to Jefferson Davis Hwy (Coming Soon).....	18
VA – Jefferson Davis Hwy to Locust Shade (Coming Soon).....	19

**\*\*\* All listed mileages are approximations. \*\*\***

## VA – Whites Ferry to Bles Park (7.9 Miles)



A	<p>0.0 Whites Ferry and start of the Big Springs gap in the PHT. From Whites Ferry, the trail will eventually connect to Veterans Park. The PHTA has been working to obtain public access easements, along the Potomac River river from the Big Springs HOA for some time. If you live in Loudoun County, particularly the Big Springs area, and would like to see this gap in the PHT completed, please contact the Chief Park Planner at loudoun County Department of Parks, Recreation and Community Services at (703) 737-8992 to express your desire that any necessary steps needed to close this gap in the PHT be taken ASAP.</p>
B	<p>0.0 Bottom of Veterans Park Rd. and end of the Big Springs gap. To reach this location, take the Orange trail for about half a mile heading North out of the Balls Bluff Regional Park parking lot. The first 150 yards or so will be parallel to the park entrance road. The orange trail will pass within a few yards of Veterans Park Rd, which is gravel, on your left. From the road, turn to your right and walk to the bottom. Near the bottom of Veterans Park Rd. just short of the river, the PHT turquoise blazes will be on your right, heading up into the woods away from the river.</p> <p>0.3 The trail comes to a small stream. After crossing, turn left and follow the stream back down to the river. The trail continues on down river.</p> <p>0.8 The trail bends back around to the right and climbs up to the top of the ridge.</p> <p>0.9 National Cemetery at Balls Bluff Regional Park. Past the cemetery, the trail dips into and climbs out of several drainages, then heads uphill, eventually being covered in wood chips as it reaches the picnic</p>

	pavilion at Edwards Landing Park.
C	<p>2.0 Edwards Landing Park and start of the Red Rock-Cattail Branch gap in the PHT. From Edwards Landing the trail will eventually connect to Red Rock Wilderness Regional Park and to Goose Creek. This gap is actually two gaps in the PHT, the first at Red Rock and the second along Cattail Branch. The PHTA has been working to obtain public access easements from a few HOAs and private land owners in this area for some time. If you live in Loudoun County and would like to see the gaps in the PHT between Edwards Landing Park and Goose Creek closed, please contact the Chief Park Planner at Loudoun County Department of Parks, Recreation and Community Services at (703) 737-8992 to express your desire that any necessary steps needed to close these gaps in the PHT be taken ASAP.</p>
D	<p>2.0 Bottom of Riverlook Ct. and end of the Red Rock-Cattail Branch gap The next completed segment of the trail may be accessed from the cul-de-sac at the end of Riverlook Court. Follow the road downhill and locate the turquoise blazed trail to the right just before the bridge over Cattail Branch. The trail initially follows a waterline swath, and then immediately turns left into the woods and follows Cattail Branch downstream.</p> <p>2.2 Pass the brick building of the water agency, then cross a small tributary either on the rip rap or crossing the pipeline. On the other side, the trail turns left, re-enters the woods and reaches Goose Creek.</p> <p>2.3 Turn right, following Goose Creek upstream until the trail emerges from the woods</p> <p>2.8 Turn left along the sidewalk parallel to Riverside Parkway to cross the bridge over Goose Creek. On the far side of the bridge, at the very end of the guardrail, look for the trail as it ascends a grassy slope on the left. Follow the turquoise blazes uphill, cross a knoll and descend over a rocky treadway to Goose Creek.</p> <p>3.2 Turn right, downstream, along Goose Creek. The trail crosses or goes around two shallow dips, then ascends to and follows the berm of the old Goose Creek Navigation canal. Descend from the berm at the ruins of an old canal lock and follow Goose Creek to Kephart Bridge Landing.</p> <p>3.9 Kephart Bridge Landing. There is a trailhead parking lot uphill to the right.</p> <p>4.0 Pass the remains of an old bridge abutment on the left and continue downstream.</p> <p>4.2 Swing to the right uphill to two bridges crossing water runoff from the golf course.</p> <p>4.4 Descend back to the bank of Goose Creek at the Elizabeth Lock, an outstanding historic landmark from the last days of the canal era. Please respect the historic value of this structure and refrain from climbing on it.</p> <p>4.8 Cross another bridge and at the mouth of Goose Creek, swing right and follow the turquoise blazes downstream along the Potomac River inside a wooded corridor next to a golf course.</p> <p>5.6 Emerge from the woods, turn left and follow an old roadway a short distance to the fields at Elizabeth Mills Riverside Park.</p>
E	<p>5.7 Elizabeth Mills Riverside Park. Follow the left edge of the field and re-enter the woods shortly.</p> <p>6.1 Emerge from the woods to cross over a golf cart bridge, then re-enter the woods on the opposite side.</p> <p>6.6 Emerge from the woods to cross over a second golf cart bridge, then re-enter the woods on the opposite side.</p> <p>6.9 Pass by a pond on your right near the end of the golf course and head uphill a short distance, then head downstream, parallel to the Potomac River, and along a line of pine trees.</p> <p>7.0 Cross a major swale on stepping stones.</p> <p>7.2 Cross a bridge over a major gully.</p> <p>7.4 Cross a private graveled road and head to the left around a gate that leads to Potomac River Rd. Follow the road for about a quarter-mile to a cul-de-sac, pass around the gate and join a wide trail leading to a parking lot at Bles Park.</p>
F	7.9 Bles Park

## VA – Bles Park to Seneca (8.8 Miles)



- |   |  |
|---|--|
| A | <p>0.0 Bles Park parking lot and start of the Broad Run-Countryside gap in the PHT. From Broad Run the trail will eventually connect to Algonkian Regional Park. This gap is actually two gaps in the PHT. The first at Broad Run and the second at Countryside. The PHTA has been working to obtain public access easements from a few HOAs and private land owners in this area for some time. If you live in Loudoun County and would like to see the gaps in the PHT between Broad Run and Algonkian Regional Park closed, please contact the Chief Park Planner at Loudoun County Department of Parks, Recreation and Community Services at (703) 737-8992 to express your desire that any necessary steps needed to close these gaps in the PHT be taken ASAP.</p>   |
| B | <p>2.2 Algonkian Regional Park and end of the Broad Run-Countryside gap. This segment starts just across the road from the trailhead parking lot for the Park's White Trail. Cross the paved road towards the river and locate the turquoise blazes heading down stream. The trail heads down stream within a narrow strip of woods between the park road on your right and the river on your left.</p> <p>2.3 Follow the blazes downriver and emerge from the woods into a grassy area, passing a picnic pavilion on the left. Continue downstream on an old lane, initially grassy but becoming graveled.</p> <p>2.5 Go around a cabled gateway and follow the blazes along the tree line through a grassy area as far as the road leading to the boat ramp.</p> <p>2.7 To your left is the park boat launch ramp. Turn to the right and follow the paved Algonkian Parkway path that leads straight ahead through the middle of the Algonkian Park golf course.</p> |

C	<p>3.1 Just after you exit the park, turn left onto the gravel Potomac Interceptor Sewer road, keeping the Potomac Sportsplex to the right. A park play ground will be on your left and after several hundred yards, you'll see the Algonkian Park golf course also on your left.</p> <p>4.1 Cross Sugarland Run on a seventy-foot fiberglass bridge installed by the Northern Virginia Regional Park Authority.</p> <p>4.2 Pass fence enclosed Potomac Interceptor sewer equipment, pass playground on the left and go around metal gate in quick succession.</p>
D	<p>4.3 Turn left off of gravel road onto a grassy pipeline right-of-way. This turn is marked by a wooden post bearing the PHNST logo and turquoise blaze. After about 100 yards, turn to the right into the woods, following the turquoise blazes.</p> <p>TBD Cross two wooden bridges, then turn left following the blazes, cross a large berm and then turn right onto a trail paralleling Old Sugarland Run and crossing the Trump National Golf Course.</p> <p>TBD Ascend to cross two golf course paths, each time dropping back down to the trail.</p> <p>5.4 The PHT crosses diagonally over a paved road. TNGC installed small wooden signs marking the trail on each side of the road. After crossing, the PHT runs parallel to a paved road on your right. The PHT bends around to the right then turns left leaving TNGC property.</p>
E	<p>6.0 Walk up a small incline to a gravel road coming in on your left. The gravel road merges with Seneca Road, which is paved, on your right. Trailhead parking is available up Seneca Road to the right, just beyond the locked gate at the top of the hill.</p>

## VA – Seneca to Difficult Run (11.0 Miles)

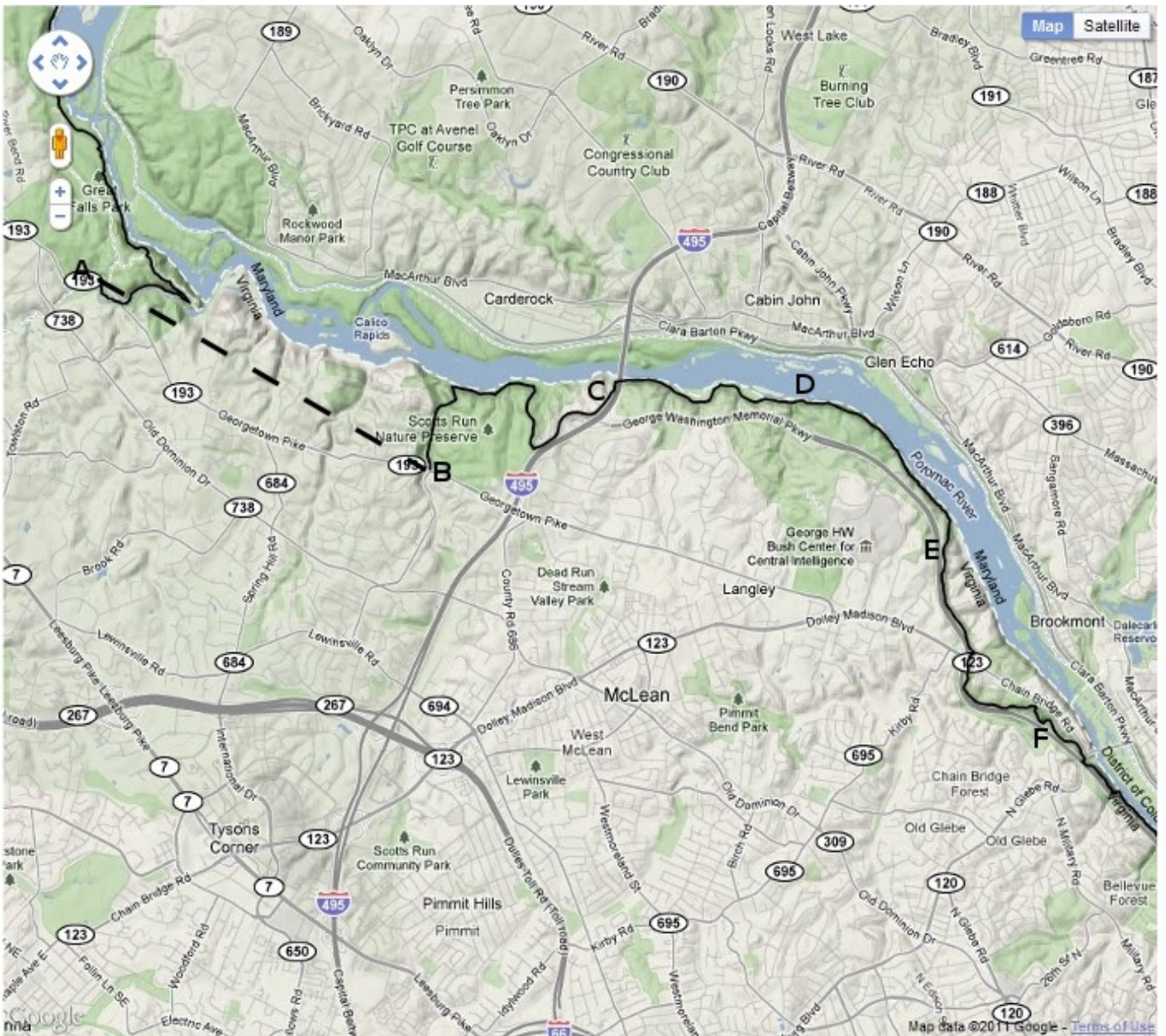


- A 0.0 Section starts near the bottom of Seneca Rd. To reach this point, walk along the road, downhill, through a gate blocking cars. Soon you pass a green gate on your right. At the bottom, paved Seneca Rd. bends around to the left as a gravel road leads straight ahead. At this point, you will see the first turquoise blazes, marking the PHNST. The westbound PHNST parallels the asphalt road, and heads toward Algonkian Park, a distance of about 3 miles. To reach Great Falls Park and Difficult Run, follow the gravel road toward the river.
- 0.1 Near the bottom of the gravel road, just short of the river, turn right passing between some abandoned concrete pipes and head into the woods. Follow the turquoise blazes.
- 0.2 The trail turns right and climbs well above the river, to avoid cliffs.
- 0.4 Well up the hill, you come to a trail intersection. Turn left (following the turquoise blazes). However, a detour to the right is worthwhile; at the top of the hill you will get a fine view across the river to Seneca Aqueduct on the C&O. The next 0.2 mile is up-and-down.
- 0.6 Turn left to follow the PHNST downhill toward the river. It stays level within view of the river for the next several miles.
- 0.8 Pass a bench and a sign about George Washington's Patowmack Canal.
- 0.9 – 1.4 You will come upon five wooden bridges all built 2007-2011 by Eagle Scouts.
- 1.5 You come to a "T" intersection; PHNST turns left toward the river. A detour 0.1 miles to the right brings you to "Message Tree" (cross the gravel road and follow the dark green blazed trail for 200 feet).

	<p>By a picnic table is hidden in a hermetically sealed box a diary where hikers and riders have for years entered their thoughts on the trail.</p> <p>1.6 Cross clearing for Washington Gas pipeline.</p> <p>2.3 Cross a 30-foot long heavy duty wooden bridge.</p>
B	<p>2.7 Ford Nichols Run. (No bridge at this location. If creek is to high, there is a small wooden bridge a few hundred yards up stream. Cross and return down stream on the other side.) The PHT turns to the left and follows Nichols Run down stream.</p> <p>2.8 The trail comes to a fork. Stay to the left and follow the turquoise blazes.</p> <p>3.7 Turn left onto the gravel road, cross a concrete spillway and follow the turquoise blazes straight ahead onto a path into the woods.</p> <p>3.8 As the trail nears the river it crosses three private properties: please respect landowner rights by staying on the trail and not littering.</p> <p>TBD Trail climbs up onto the ridge and returns to the river several times over next mile.</p> <p>TBD Picnic Table with fine view</p> <p>TBD Picnic Table with fine view</p> <p>TBD Exit regional park; Enter Riverbend Park (sign above/right of trail)</p>
C	<p>5.1 The trail descends from the bluffs and emerges onto a grassy pipeline clearing. Cross the pipeline right-of-way and continue into the woods.</p> <p>5.3 Cross 90-foot hiker/horse bridge (Clarks Branch). Turn left and follow the blazes as the trail heads toward the river; bear right onto a gravel road.</p> <p>5.6 Trail climbs above the river for 0.5 mile. Turn right as the gravel road heads uphill and then make a quick left onto a natural surface trail (always following the turquoise blazes). If instead you follow the gravel road, and after 0.2 miles left on a natural surface trail, you'll reach the parking lot at Riverbend Park's Nature Center, the closest public parking along the route.</p>
D	<p>6.6 Riverbend Park Visitors Center. Continue to Great Falls Park along the Potomac river via the Patowmack Trail.</p> <p>TBD Pass a dam across the Potomac, from which the Washington Aqueduct carries the Washington area's drinking water down the Maryland side to the DelaCarlia Reservoir.</p> <p>TBD Exit Riverbend Park, enter Great Falls National Park. There is a gap in the turquoise blazing at this point.</p> <p>7.7 Follow the heavily graveled road, then turn left at the PHNST marker and joint the upper Canal Trail along the old Potowmack Canal.</p>
E	<p>8.3 The trail passes to the left of the Great Falls Park Visitor Center, passes Overlook 1, then turns left across a wooden bridge and then right.</p> <p>8.4 Pass two more spectacular overlooks of Great Falls. At the path leading to the last overlook there is a fascinating pole indicting the heights of various Potomac River floods.</p> <p>8.6 Turn left onto the turquoise-blazed River Trail as it heads into the woods.</p> <p>TBD Descend steps to a bridge and climb back to the other side.</p> <p>TBD Pass a placque on the left memorializing Stephan Mather, the first director of the National Park Service, and for whom Mather Gorge is named. Over the next mile there are several viewpoints on the left overlooking Mather Gorge.</p> <p>TBD Swing right as the trail heads inland; cross a small footbridge over the old Potowmack Canal and turn left parallel to the canal.</p> <p>TBD Pass the ruins of several locks of the Potowmack Canal</p> <p>TBD Cleft in rocks marks where Potowmack Canal returned to the river.</p> <p>TBD Mather Gorge. Cliffs and spectacular views. You'll meet rope climbers climbing from the river up to the trail.</p> <p>TBD Cross a graveled road leading downhill to the left to Sandy Landing, a beach on the river. A side excursion down to Sandy Landing is very worthwhile as there is a view directly across the river of the Billy Goat Trail as it descends a slanting crack in the cliffs.</p> <p>TBD Continue following the turquoise blazes downhill, and cross a wooden bridge.</p> <p>TBD Carefully follow the blazes through an area that has experienced considerable blowdowns in recent years, and then begin climbing toward Cowhoof Rock.</p> <p>TBD Cowhoof Rock on the left affords terrific views of the river and upriver to Mather Gorge.</p>

	<p>Continue uphill to the intersection with the Ridge Trail.</p> <p>9.7 Turn left and follow the Ridge Trail up and down until it turns right and descends steeply to Difficult Run.</p> <p>10.3 Turn right on the Difficult Run fire road. NOTICE: the fire road has been severely damaged by Hurricane Lee and has been formally closed by the authorities at Great Falls Park, until the necessary repairs have been accomplished.</p> <p>TBD Site of ruined water mill, and original crossing of Georgetown Pike across Difficult Run</p> <p>TBD Abandoned quarry on the right.</p> <p>10.8 Pass under the Georgetown Pike bridge.</p>
F	<p>11.0 Difficult Run parking lot. You may continue south along the Fairfax Cross-County Trail for another 40 miles (see prominent map at the parking lot) to Reston, Oakton, Lake Accotink Park, Wakefield Park, Laurel Hill Park, and Occoquan Regional Park.</p>

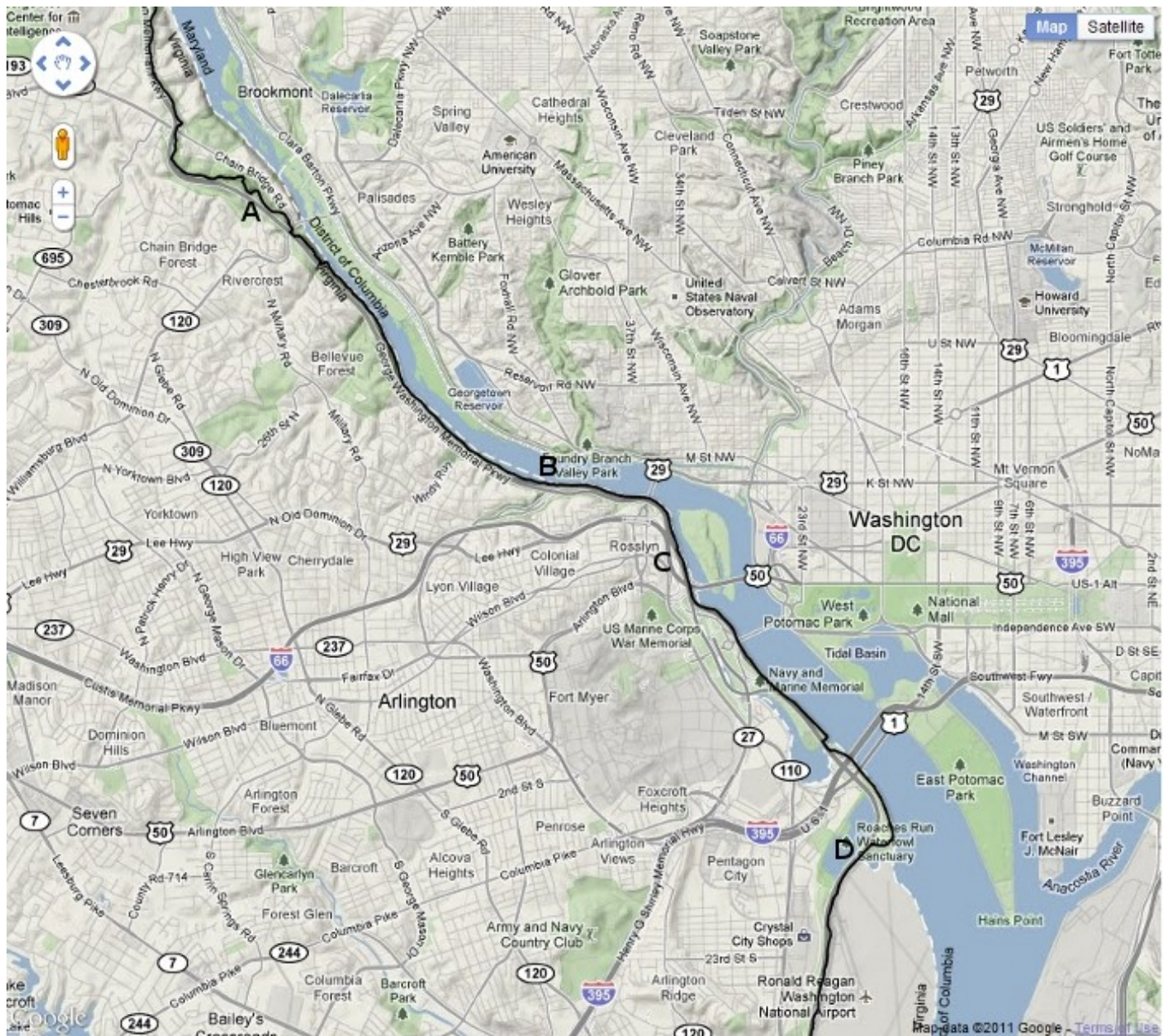
## VA – Difficult Run to Fort Marcy (7.4 Miles)



A	<p>0.0 Difficult Run parking lot and start of the Madeira gap in the PHT. From Difficult Run the trail will eventually connect to Scotts Run. The PHTA has been working to obtain public access easements along the Potomac River from Madeira, a private school for girls, for some time. If you happen to have any type of relationship with Madeira, such as a child currently in attendance or are an alumna, and would like to see this gap in the PHT completed, please contact the management at Madeira and express your support for completion of the PHT in this area.</p>
B	<p>0.0 Scotts Run Nature Preserve lower parking lot – off Georgetown Pike and across from Swinks Mill Road - and end of the Madeira gap. The PHT continues out the back of the parking lot next to Scotts Run on its way down to the Potomac river.</p> <p>TBD Cross Scotts Run on a fairweather crossing – a series of concrete posts – and continue straight ahead.</p> <p>TBD Turn right and recross Scotts Run on another fairweather crossing and ascend a steep hill.</p> <p>TBD From the crest of the hill descend steeply toward the Potomac River.</p> <p>0.6 Turn to the right and follow the trail downstream parallel to the Potomac River.</p> <p>TBD Trail veers to the right and follows a small stream uphill, then turns left and climbs a set of stone steps.</p> <p>TBD Follow the turquoise blazes along the bluff.</p> <p>TBD Cross a trail heading uphill to the right, leading eventually to the upper parking lot of the Scotts</p>

	<p>Run Preserve. To the left and downhill is a large rock outcrop providing superb views of the Potomac River and Stubblefield Falls.</p> <p>TBD Continue following the turquoise blazes along the bluff, cross a small stream and head straight ahead.</p> <p>1.3 At the next trail junction, turn right and head steeply uphill following an old road.</p> <p>TBD Turn left at the four-way trail junction at the top of the hill.</p> <p>1.6 Swing right and pass around the back side of tennis courts and a swimming pool. Cross facility parking lot onto Live Oak Dr. Turn to the left and follow Live Oak Drive downhill to the cul-de-sac.</p>
C	<p>2.5 At the cul-de-sac, find the signed trailhead on the right and follow the turquoise blazes downhill, then turn right across a small bridge.</p> <p>2.6 Pass under the Capital Beltway bridge and continue downstream along the Potomac River.</p> <p>TBD Cross Dead Run on large stepping stones and ascend to the opposite bank. To the right is a yellow-blazed trail heading up the Dead Run canyon and eventually rejoining the Potomac Heritage Trail at Turkey Run</p>
D	<p>4.2 Reach the Turkey Run and trail heading uphill to the right. Descend stairs to reach Turkey Run. Cross the stream on rock steps and turn left on the opposite side toward the Potomac River..</p> <p>5.4 Veer to the right and ascend up the hillside away from the Potomac River.</p>
E	<p>5.9 Descend from the crest of the hill and follow the turquoise blazes in the wooded strip between the GW Memorial Parkway and Crest Lane.</p> <p>6.6 BE ALERT. The PHT traverses a GW Memorial Prkway and Rte. 123 cloverleaf intersection. Trail crosses traffic merge lane then passes under Rt. 123 overpass.</p> <p>TBD Turn left and climb away from the parkway and follow the turquoise blazes as the trail undulates through the woods below a residential subdivision.</p>
F	<p>7.4 Emerge from the woods onto the paved parking lot at Fort Marcy Park.</p>

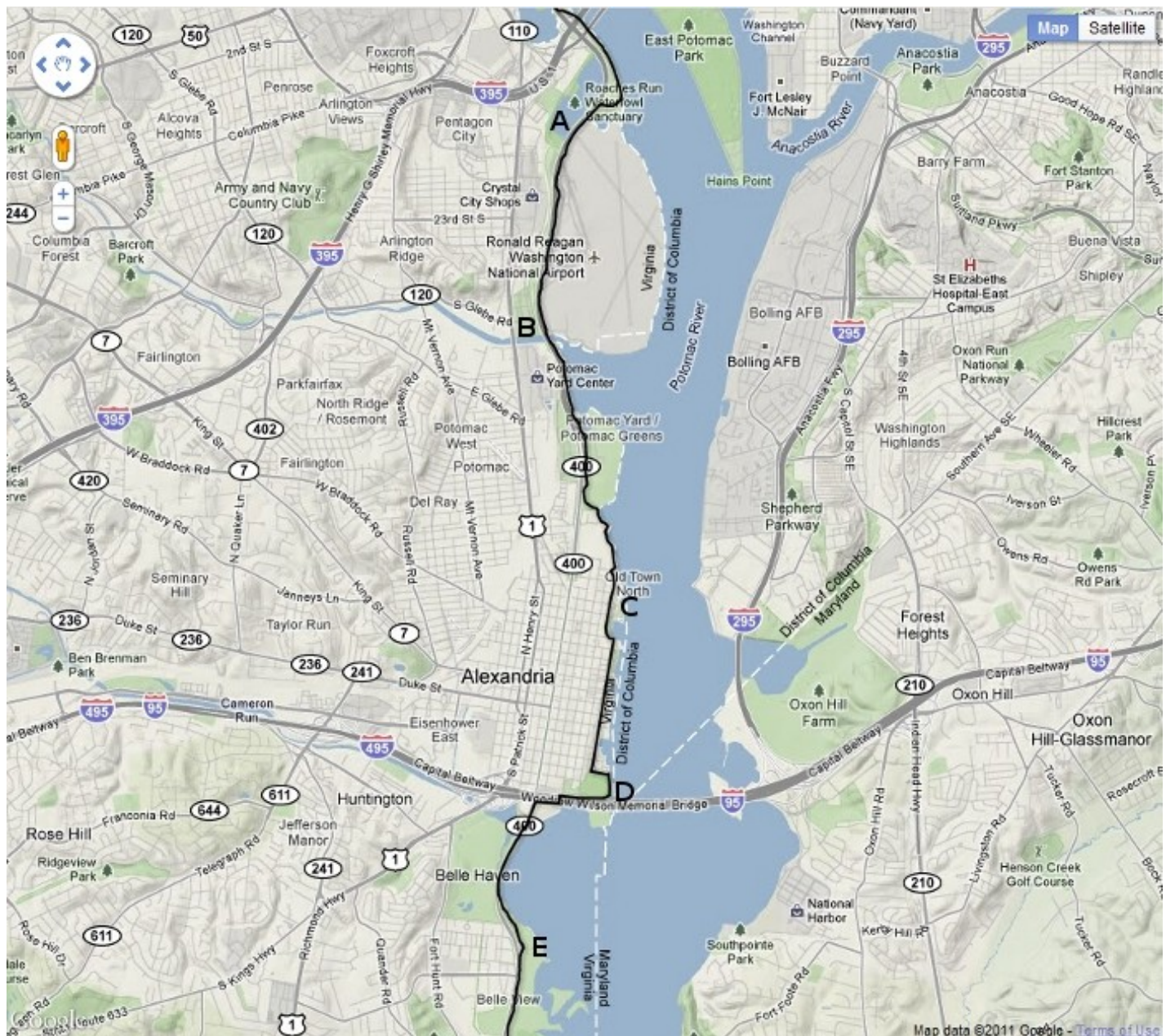
## VA – Fort Marcy to Gravelly Point (7.5 Miles)



- A 0.0 Section starts in the Fort Marcy Park parking lot. The PHT goes out of the back of the parking lot and descends steeply toward Pimmit Run.
- 0.2 Cross Pimmit Run on large stepping stones and turn left, following Pimmit Run downstream.
- 0.6 Bear left at Y junction. A short trail to the right provides access to a small parking area off Glebe Road.
- 0.61 Pass under the Glebe Road Bridge.
- 0.63 Turn right and ascend steeply up a set of stone stairs in the hillside.
- 0.65 Veer to the left and walk up a bare-earth slope under the GW Memorial Parkway bridge.
- 0.67 The PHT leads off to the left at the top of the slope and into the woods.
- 0.7 Follow the turquoise blazes along a scenic bluff high above the Potomac River.
- 0.9 Cross a small bridge and then reach a lookout over the river.
- 1.0 Descend downhill to the right, following several switchbacks to Gulf Branch.
- 1.1 Turn left and descend a very steep and very rocky trail parallel to Gulf Branch as it drops toward the Potomac River.
- 1.15 At the bottom of the bluffs turn right and cross Gulf Branch on large boulders. Follow the turquoise blazes downstream as the trail climbs and descends across a major rock outcrop and reaches Donaldson Run.
- 1.7 Cross Donaldson Run on stepping stones. A yellow-blazed trail leads steeply uphill to the right

	<p>following Donaldson Run toward Potomac Overlook Park.</p> <p>TBD Pass several large industrial boilers remaining from the quarrying operations once carried on along this section of the Potomac.</p> <p>TBD Pass through a rock and debris field to cross Windy Run. To the right uphill is the remains of a large landslide which fell several years ago, destroying the stone steps of the trail leading up to Kenmore Street.</p>
B	<p>3.6 Cross a footbridge over Spout Run and follow the blazes parallel to the GW Parkway.</p> <p>TBD Follow the trail behind a stone wall, emerge to follow the grassy verge along the parkway and cross under Key Bridge.</p> <p>TBD Drop toward the Potomac River on the left and pass through a wooded area leading to the Roosevelt Island parking lot.</p> <p>TBD Pass under the pedestrian and bicycling bridge leading up to Rosslyn and follow the paved sidewalk through the parking lot.</p>
C	<p>4.7 Pass the Theodore Roosevelt Island pedestrian bridge on the left. The PHT follows the paved Mt. Vernon Trail the rest of the way to Mt Vernon. Follow the Mt. Vernon Trail signage.</p> <p>5.0 Bear left onto a boardwalk at the Y junction and pass underneath the Theordore Roosevelt Bridge..</p> <p>5.5 Pass unde the Arlington Memorial Bridge. <b>Caution:</b> the trail is extremely narrow here: watch for oncoming bikes.</p> <p>6.3 Pass Lady Bird Johnson Memorial Park across the parkway to the right.</p> <p>TBD Pass the Navy and Marine Memorial on the right and follow the pedestrian and bike lanes over the recently reconstructed Humpback Bridge.</p> <p>6.7 Pass underneath the Fourteenth Street Bidges.</p>
D	<p>7.5 Reach the Gravelly Point boat launch and parking area. Follow the paved trail around the parking lot</p>

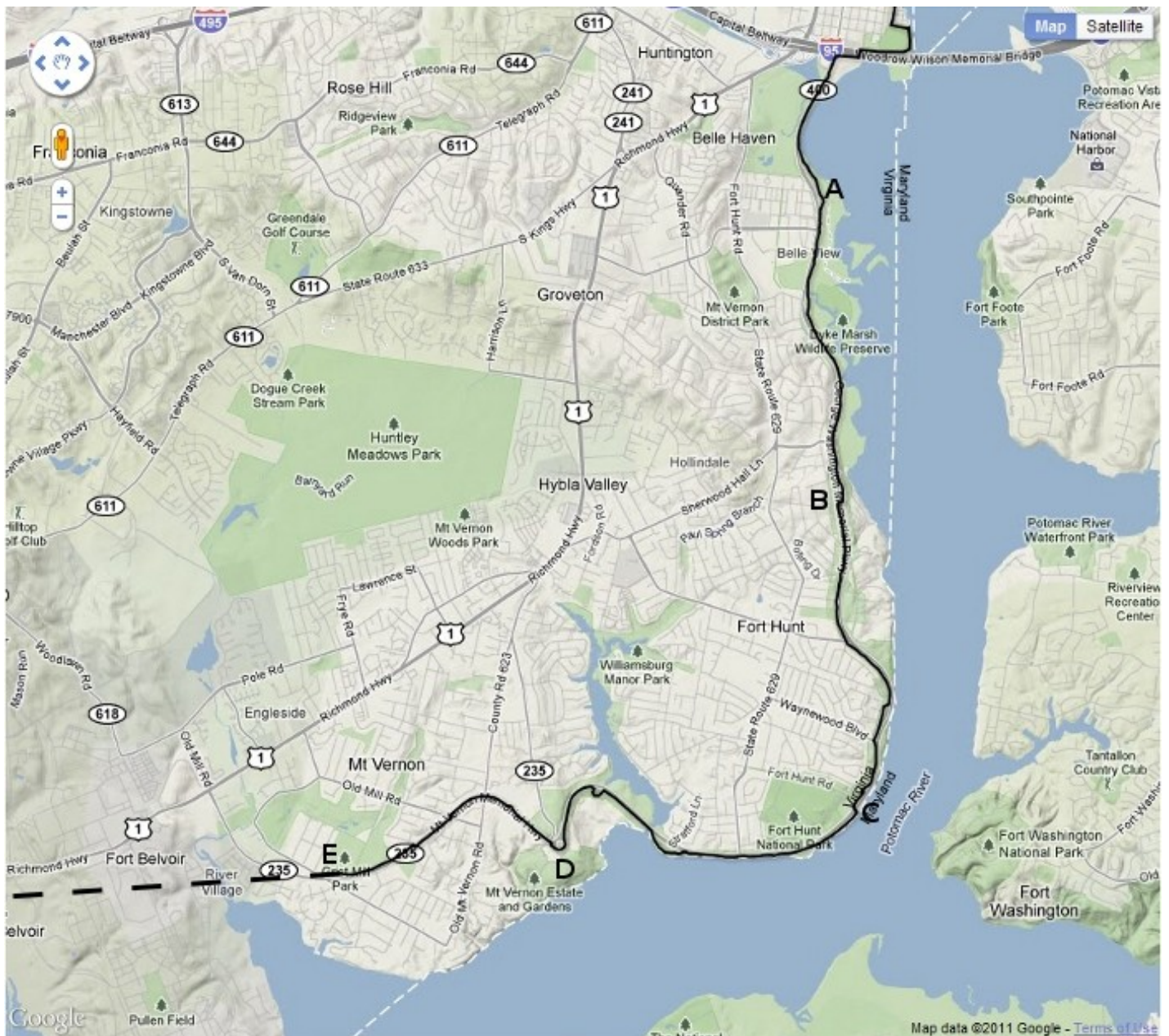
## VA – Gravelly Point to Belle Haven (7.0 Miles)



A	<p>0.0 Section starts in the parking lot at Gravelly Point on the Mt. Vernon Trail. From the parking lot at Gravelly Point find the paved trail along the circumference of the lot. Turn left and cross a bridge. For the next mile plus the trail cuts inland and runs between the George Washington Memorial Parkway and Reagan National Airport.</p> <p>0.5 Cross two flyover bridges to avoid grade crossings of vehicular entrances to the airport.</p> <p>1.0 Continue past the airport buildings and the long-term parking lot.</p> <p>1.75 Bear right at a trail junction. The left fork swings under the parkway and follows Four-Mile Run upstream toward Shirlington, where it connects with the Washington &amp; Old Dominion Trail.</p>
B	<p>1.8 Cross the bridge over Four Mile Run and continue south toward Old Town Alexandria.</p> <p>3.1 Turn left at trail junction. Follow the trail through the woods toward the river.</p> <p>3.5 Swing to the right onto a cantilevered passage along the river and in front of the old power plant.</p> <p>3.8 If on foot, bear left at the next intersection and swing downhill to a path below the row of townhouses on the right and head toward the boathouse along the river. Follow the right fork if biking and in a short distance cross railroad tracks, then swing left onto a street and then bear right as the street becomes Union Street. If biking follow Union Street through Old Town Alexandria.</p>
C	<p>4.1 From the boathouse, cross a street and enter Orinoco Bay Park. Follow the paths along the river toward the Torpedo Factory complex.</p> <p>4.4 Pass Founders Park.</p>

	<p>4.5 Pass through the buildings and docks at the Torpedo Factory complex, then exit to the south onto King Street. The remainder of the route through Old Town zigs and zags between riverfront parks and the sidewalks of the city streets. As each new riverfront development in Old Town is approved, the trail will be relocated onto new pathways constructed between the buildings and the river.</p>
D	<p>5.5 At the southern end of Old Town, rejoin Union Street, swing through the parking lot of a condo complex, turn left toward the river, and then swing to the right.</p> <p>5.8 Follow the paved trail as it meanders under the new Woodrow Wilson Bridge, then head west, parallel to the bridge until the sidewalk along the George Washington Memorial Parkway.</p> <p>6.1 Turn left and head downhill parallel to the parkway past the apartment complexes on the left.</p>
E	<p>7.0 Reach Belle Haven Park, with trailhead parking on the left.</p>

## VA – Belle Haven to Grist Mill Park (9.8 Miles)



A	<p>0.0 Section starts near the parking areas at Belle Haven Park on the Mt. Vernon Trail. From the parking lot at Belle Haven, cross the road access to the marina and pick up the paved trail directly opposite. By turning left onto the access road, one will very shortly arrive at the trailhead for the Dyke Marsh Trail, which affords excellent opportunities for nature-watching. Continue south for a little over two miles and then emerge onto a paved road serving as a driveway for several houses; turn right onto Alexandria Avenue and cross the George Washington Memorial Parkway.</p>
B	<p>2.5 Cross over George Washington Memorial Pkwy on stone bridge. Turn left after crossing the bridge onto the paved trail. The trail continues south, crossing several access roads and then enters a hilly stretch of woods.</p> <p>3.5 Cross Collingwood Rd.</p> <p>4.4 Cross Waynewood Blvd.</p> <p>4.8 <b>CAUTION:</b> Emerge onto the access road into Fort Hunt Park and turn left to join the parkway as it passes under a bridge, then leave the road and join the paved trail as it resumes on the left side of the parkway. For the next two miles the trail closely parallels the Potomac River, then crosses Little Hunting Creek on a bridge.</p>
C	<p>4.9 Cross under George Washington Memorial Pkwy.</p> <p>6.5 Pass Riverside Park.</p> <p>7.0 Mt. Vernon trail swings left and climbs a twisty route through the woods up to Mt Vernon.</p>

D	<p>7.8 Arrive at Mt. Vernon, the plantation home of George Washington.</p> <p>7.9 Just beyond the traffic circle at Mt. Vernon, cross the Mount Vernon Memorial Highway at a crosswalk and turn left onto the paved trail parallel to the highway. Follow the trail as it swings into a large semicircular arc around the tour-bus turnaround.</p> <p>8.8 At the intersection with Old Mount Vernon Road the trail crosses the highway at a cross-walk. Turn right immediately onto a concrete sidewalk passing in front of a church. Once past the church the asphalt paved trail resumes.</p> <p>9.2 Cross the highway at another crosswalk and follow the paved trail on the right side of the highway. The trail continues through the woods and past several housing developments until it arrives at Grist Mill Park, where there is parking available.</p>
E	<p>9.8 Grist Mill Park.</p>

**VA – Richmond Hwy to Belmont Bay (Coming Soon)**

**VA – Belmont Bay to Jefferson Davis Hwy (Coming Soon)**

**VA – Jefferson Davis Hwy to Locust Shade (Coming Soon)**